

## The Reiki Network Constitution, Code of Ethics and other useful information

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**The Reiki Network is an international network of Reiki Masters and Reiki Master Teachers with a common vision of teaching Reiki globally, in like manner, at the highest standard.**

### **Purpose**

To achieve its vision of spreading Reiki through high quality teaching, The Reiki Network focuses on the training process of training Reiki Masters and follows in the tradition of Dr Usui. To do this effectively the organization endeavours to:

- Maintain active links between participating Reiki Masters
- Share and upgrade knowledge
- Set and update minimum teaching requirements met by all members
- Ensure a uniform standard of teaching
- Guarantee dissemination of information
- Honour Reiki's inherent simplicity by focusing on Reiki only
- Achieve a balance between experiential and explanatory/practical Seminars
- Expand scientific and philosophical understanding of Reiki
- Work to The Reiki Network Code of Ethics
- Increase the ability of Reiki Masters and researchers in Reiki to network

## Benefits

As an organization, the Reiki Network emphasizes the professional training of Reiki Masters. However, the benefits arising from this work through to students at first and second level seminars, and to members of the public.

### **Benefits to the public**

Public talks are given.

People receiving Reiki treatments from practitioners who have learnt Reiki from a Reiki Network Master can be sure that the practitioner has been well trained and properly attuned to the Reiki energy.

### **Benefits to those learning Reiki from a member of The Reiki Network**

After the Reiki 1 or Reiki 2 seminar, the graduates will be well prepared to practice Reiki, either informally or professionally, treating himself and others.

The teaching of Reiki to Network standards brings the benefits of international experience whilst honouring local customs, culture and traditions.

After the first attendance at a seminar of any level The Reiki Master conducting the seminar will issue to each participant a certificate which will confirm the giving of the relevant attunement. Such a certificate will entitle the holder to be admitted anywhere within The Reiki Network to further seminars either for repetition or to a higher level as appropriate.

Having taken a seminar, the same course may be repeated at a later time for a fee not exceeding 25 % of the full cost. The repetition is only for information only, the attunement process is not repeated.

### **Benefits to members of The Reiki Network**

A mutually supportive organization, democratically run through an elected committee and with open communication between all members.

A constitution ensuring clarity of purpose and organization:

- The use of The Reiki Network logo, which certifies patronage by the organization
- The opportunity to meet and share experiences with other Reiki Masters, in regional and international meetings
- Trainee Masters receive a syllabus detailing a number of assignments to be completed during the course of the training period, which lasts a minimum of 1 year
- Trainees are encouraged to attend seminars of other RN Masters to broaden their experience of individual teaching styles
- A Newsletter, issued three times per year
- A presence on the internet of the association as a whole, the local branches of The Reiki Network and the individual members

- The members' area of the Network internet site, which enables the sharing of information and experience between members through a lively discussion forum, a library of relevant articles, case histories, a chat room, contact details for other members, a group e-mail facility and much more
- The global networking, the wealth of information and the solid foundation of the training, backed by caring members, allow instant access to solutions and support

### The Reiki Network Code of Ethics

*“As a Member of The Reiki Network, I at all times abide by the following Code of Ethics”:*

♥ I keep the standards of my work as high as possible, and I update my knowledge and improve my skills whenever possible.

♥ I honour and respect my students and clients, conducting myself professionally at all times.

♥ I keep all information pertaining to students and clients confidential, including address lists etc., unless I have their permission to do otherwise.

♥ I never publicly libel/slander a member of my profession, or of any profession.

♥ I never render my professional services for any purpose other than for the physical, emotional, mental and spiritual well being of my students, clients, and others.

♥ I recognize The Reiki Network Teaching Manual and use it to keep the standards of my teaching as high as possible.

♥ I acknowledge the importance of paying membership subscription on time.

♥ I uphold the law where I practice as it relates to Natural / Complementary Medicine.

♥ As a member of The Reiki Network I agree to abide by the Code of Ethics as laid down by the Executive Committee.

♥ I shall ensure that anyone I employ adheres to this same Code of Ethics so long as he/she is employed by me.

## Additional Code of Ethics for Reiki Master Teachers

The Reiki Master Teacher's commitment to complete the Master Training

- ★ A Master Teacher accepting a student for Master's Training has a moral, ethical and contractual commitment to complete the training of the student until his / her graduation as a Master Teacher.
- ★ During this training period generally extending over 3 to 4 years, should any circumstances arise which prevent the Reiki Master Teacher completing the training, it is expected that the Master Teacher accepting the student will make mutually acceptable arrangements for the student's graduation as a Reiki Master Teacher.
- ★ In those rare cases where this is not possible, The Reiki Network Committee may be approached for arbitration and resolution for expeditious completion of the student's training / graduation.

## Constitution

### The Reiki Network Constitution

#### 1. NAME

The name of the association is The Reiki Network, hereinafter referred to in this document as TRN

#### 2. PURPOSE

##### 2.1. To make Reiki known and available

2.1.1. To teach Reiki to the highest standard

##### 2.2. We do this through

2.2.1. Actively teaching Reiki and offering free presentations

2.2.2. Maintaining active and supportive links with all TRN members

2.2.3. Following the standards and content set out in TRN Reiki Master Training Handbook, hereinafter referred to as the Manual

2.2.4. Following TRN Code of Ethics which will be kept under review

2.2.5. Publishing a member's newsletter

2.2.6. Holding a biennial General Meeting, hereinafter referred to as the GM

2.2.7. Maintaining The Reiki Network website

2.2.8. Encouraging regular regional meetings

#### 3. MEMBERSHIP

##### 3.1. There are three kinds of membership: master, associate and retiree

3.1.1. A master member is a Reiki Master (RM) or Reiki Master Teacher (RMT) trained, or retrained, initiated at all appropriate levels and teaching in TRN tradition, all fees paid

3.1.2. An associate member is a trainee / Reiki Master in training with a Reiki Master Teacher (RMT) of TRN, all fees paid

3.1.3. Retiree members

3.1.3.1. A member will qualify to be a retiree member upon meeting the following criteria and confirming the same in writing to the Secretary of TRN

3.1.3.1.1. Reached the age of 65 years

- 3.1.3.1.2. Have 10 years previous membership from start of Reiki Master training
- 3.1.3.1.3. Profile on website to state that member has retired from teaching regularly

3.1.3.2. Retiree members will

- 3.1.3.2.1. Pay no membership fee
- 3.1.3.2.2. Retain all other rights of a master member

### **3.2. Reiki Masters from outside TRN**

- 3.2.1. Reiki Masters from outside TRN must be recommended by a Reiki Master Teacher who will have assessed whether all TRN requirements have been met
- 3.2.2. Final approval on membership for non TRN Reiki Masters, after retraining and recertification as a TRN Reiki Master by a current RMT, is given by the Committee

### **3.3. Member profiles**

- 3.3.1. The RMTs will provide date of Reiki Master graduation, date of Reiki Master Teacher graduation and name of RMT trained with for publication in membership profiles

### **3.4. Termination of membership**

- 3.4.1. By request of the member resigning
- 3.4.2. By written notice from the President or Secretary with the consent of the Committee in the event of
  - 3.4.2.1. Failure to pay membership fee
  - 3.4.2.2. Exclusion by the committee for breach of TRN rules and/or practice

## **4. ORGANISATION**

### **4.1. The affairs of TRN are administered by an elected committee of seven master members**

- 4.1.1. The committee consists of President, Vice President, Immediate Past President, Secretary and three members
- 4.1.2. The GM may accept additional Committee members with a unanimous vote of all present at the GM
- 4.1.3. The Committee is elected at the biennial General Meeting
- 4.1.4. Committee positions are held until the next GM
- 4.1.5. All candidates for the Committee must be proposed and seconded
- 4.1.6. Nominations will be called for at least four months before the biennial GM and published in the Newsletter

4.1.7. Nominations will be accepted from the floor at the GM

4.1.8. The nominees for President, Vice President and Secretary must be present for the election. Absence is taken as withdrawal of the nomination unless there are extenuating circumstances

4.1.9. The President and Vice President must be RMTs

4.1.10. The majority of Committee members must be RMTs

4.1.11. The Committee decisions are by majority voting. If equal votes, the Presidents vote counts as two

4.1.12. The Committee is authorized to appoint

4.1.12.1. A Treasurer, under the supervision of the Vice President, who may come from outside the membership

4.1.12.2. An Editor from the membership

## **4.2. General Meetings (GM)**

4.2.1. General Meetings will be held every two years

4.2.2. The Chairperson of the GM will be the President or a member appointed by the President

4.2.3. Motions for adoption under the Constitution, the Manual and the Code of Ethics, will be voted on at the biennial GM

4.2.4. Motions for adoption under the Constitution, the Manual and the Code of Ethics require a proposer and a seconder

4.2.5. Members will be reminded six months before a GM that motions, properly proposed and seconded, must be sent to the President three months ahead of the GM for publication in the Newsletter and on the Forum

4.2.6. Motions, except those concerning the Manual, the Constitution or the Code of Ethics, properly proposed and seconded will also be accepted at the GM for discussion and voting

4.2.7. The President will appoint a minutes secretary for the GM

4.2.8. The quorum for the GM is 15 % of membership

## **4.3. Voting**

4.3.1. Voting on general motions will be limited to master members only

4.3.2. Voting on motions relating to level 3A or above will be by RMTs only

4.3.3. Normal voting will be by a show of hands. If two members ask for a secret ballot then the Chairperson is obliged to conduct a secret ballot on the motion

4.3.4. Voting for officers is by secret ballot with a maximum of two rounds of voting, where more than two people are being considered for a position; the two with the highest vote go through a second round of voting to ensure a fair majority of votes

4.3.5. Proxy votes are allowed for nominations

4.3.6. Proxy votes are allowed for general motions

4.3.7. Motions at GM will be carried by

4.3.7.1. Simple majority vote on non-constitutional matters

4.3.7.2. Two-thirds majority vote on constitutional matters

#### **4.4. Extraordinary General Meeting (EGM)**

4.4.1. 10 % of the full membership or 10 members (whichever is greater) must sign a petition requesting the President to call an EGM

4.4.2. The President must call the EGM within six months of receipt of request and give a minimum of three months notice to members

4.4.3. The quorum for an EGM must be at least 50 % of the membership

#### **4.5. Raising motions between General Meetings**

4.5.1. Any full member, retiree or trainee may submit a motion and apply for electronic voting at any time

4.5.2. Such motions have to comply with the same requirements as regular motions submitted at GMs

4.5.3. The proposed and seconded motion must be discussed either in the Forum and/or the Newsletter for at least three months

4.5.4. At the end of the discussion period voting will take place within 21 days

4.5.5. If any member is without access to the Internet the Secretary will mail the relevant documents

4.5.6. Eligibility to vote is as in points 4.3.1 and 4.3.2 above

4.5.7. For electronic voting the motion will pass on a majority only if 2/3 of the eligible membership has participated

4.5.8. If a motion is raised more than once between two GMs, it must be supported by a minimum of 50 % of the full membership

4.5.9. If a motion fails at a GM, it must be supported by a minimum of 50 % of the full membership if raised before the next GM

4.5.10. Results will be published on the website and in the Newsletter



## **5. FINANCE**

### **5.1. Membership fees**

5.1.1. Changes to membership fees will be approved/ratified in the GM

5.1.2. On commencing the training of a RM trainee the RMT will pay a training package fee for the trainee that includes membership for the trainee for the current year and the subsequent year, plus one training Manual

5.1.3. Committee members will be released from paying membership fees for the duration of their service

5.1.4. The Committee is authorized at their discretion to release the web-coordinator, webmaster and working-group leaders from paying membership fees for the duration of their service

5.1.5. TRN will have a Treasurer whose annual fee will be waived

5.1.6. TRN will have an Editor whose annual fee will be waived

5.1.7. Some tasks done by outsource-service (e.g. Treasurer, Webmaster) will be paid at cost

5.1.8. Regions that do translations might get an annual solidarity grant from TRN

### **5.2. Teaching fees**

5.2.1. The Reiki Master training fee is based on USD 10.000 with each country in TRN using their currency exchange rate vis a vis the USD as at October 2000 as the foundation rate and from then, adjusting annually by an appropriate cost of living index or equivalent and then expressing the fee in the local currency. This value will be applied to any equivalent energy exchange

5.2.2. The minimum fee for level 3A is one tenth of the RM training fee. This fee is regarded as part of the RM training fee. When the student begins RM training the level 3A fee is deducted from the total fee due

### **5.3. Expenditure**

5.3.1. The President has authority to take a decision on individual items of expenditure up to a maximum of Euro 2.500

**5.4. Accounts will be kept by the treasurer and distributed on an annual basis to all members**

## **6. TRN PROPERTY**

**6.1. The Manual comes from the experience, knowledge and efforts of The Reiki Network. It is the foundation of our teaching and is the property of The Reiki Network. The origins should be acknowledged when using the Manual**

**6.2. The Logo is the property of TRN and if a member leaves The Reiki Network she/he is not allowed to use the logo for any purpose**

6.2.1. Any use of TRN Logo by the members must be as per the standard provided by the Secretary

6.2.2. Members are authorized to use TRN Logo and the Committee may authorize exceptional use

*Revised at GM 2014, Helsinki*

## Membership

### **How to become a Member of The Reiki Network**

Currently, members of The Reiki Network have been trained by Masters who already belong to The Reiki Network and thus have been trained according to our standards.

Masters wishing to join the Network who have been trained according to other standards can do so. The procedure would be to contact a Reiki Network Master Teacher and ask him to become the sponsor for the application. Generally, an applicant would explain how he has been trained, by whom and how they teach Reiki. It is then up to the sponsor to ensure that the applicant is trained to our minimum standards. This is an individual matter between applicant and sponsor. Generally a sponsor may require that all assignments need to be fulfilled to his satisfaction.

The assignments are detailed in a comprehensive training manual which is provided by The Reiki Network. Throughout this period such a candidate would become automatically an associate member of the Network entitling him to The Reiki Network Newsletter. Upon completion of this procedure the sponsor will inform the Network that all requirements and standards are met and the applicant may join The Reiki Network.

If you are interested in joining The Reiki Network, please contact one of our Reiki Master Teachers. The individual members of the Committee are also available as office bearers for further information.

## Committee

### The Committee of The Reiki Network

The affairs of The Reiki Network are administered by a Committee of seven people (President, Vice-President, Immediate past president, Secretary and three members) who are elected at a biennial General Meeting. The majority of the committee members, particularly the President and Vice President, are Reiki Master Teachers. The committee also appoints a Treasurer and an Editor.

### General Contacts:

General enquiries should be addressed to the Secretary of The Reiki Network. Anything the Secretary can not deal with will be referred to the relevant committee member who will reply direct.

## The Reiki Network Committee

### The Secretary



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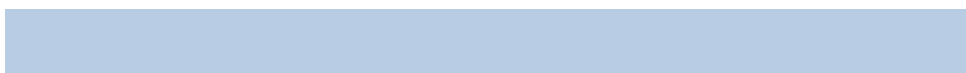
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## Research

### Reiki Research

#### Reiki and science

As with other types of complementary and alternative medicine (CAM), the scientific community currently regards Reiki as an unproven method. However, there have been many promising pilot studies into the effects of Reiki, reported in peer-reviewed journals. Based on the evidence so far, Reiki is used in several hospitals, alongside conventional medicine, as part of a comprehensive approach to patient care.

#### Reiki survey

**In 2010 Elaine Grundy accomplished a Reiki survey with 546 respondents from over 20 countries.**

The key findings of the report showed:

- 87% of people noticed more peace after Reiki
- 80% noticed more happiness
- 80% experienced less stress
- 75% were less anxious or worried
- 73% were less angry

The key criteria for successfully utilizing Reiki is the amount of self-Reiki administered. Reiki is a cumulative therapy; the more hours of self-Reiki the respondent does, the better the results they report.

Read more about this survey, click on the link [www.reikireport.com](http://www.reikireport.com)

## History

### The History of Reiki

Mikao Usui - The practice of Reiki as we know it, was developed in Japan by Mikao Usui (1862-1926) who rediscovered this energy-based system of natural healing.

He named this harmonizing energy Reiki; universal energy, because he had noticed that while giving a Reiki treatment one's own energy is not reduced or even used.



Mikao Usui initiated a number of Reiki Masters including Chujiro Hayashi (1880-1940), a retired naval officer.



Hayashi set up a Reiki clinic in Tokyo and we believe formalized a series of hand positions to use in treatments, as opposed to Usui's more intuitive approach.

Hawayo Takata (1900-1980) who travelled from Hawaii to Japan in 1935, was ill with a stomach tumor and was guided to Hayashi's Reiki clinic rather than submit to an operation. She was healed.





Hawayo Takata Mrs. Takata then persuaded Hayashi to teach her Reiki and to show her commitment, agreed to stay in Japan for as long as he thought necessary.

A year later she returned home to Hawaii. In February 1938 Hayashi came to Hawaii and initiated her as a Reiki Master. She devoted her life to Reiki, teaching and giving treatments.

It is through Mrs. Takata and the 22 people that she trained as Reiki Masters in the period 1970-1980 that Reiki spread around the world and became a most remarkable success story.

### **Read more about the Reiki history**

The healing system that all could use, Usui searched far and wide, from Tibet to America but finally, with no answer as yet, returned to a monastery on Mount Kurama, near Kyoto, went into deep meditation and then had an enlightenment that led to the development of Reiki.

According to this story Usui worked with Reiki in the slums of Kyoto and there he came to the realization that it is important to give people the possibility of personal responsibility. Rather than merely treating people with Reiki he started to give them Reiki as an instrument in their own hands. He traveled all over Japan, taught people about Reiki and attuned them to this energy.

Over time western Reiki Masters have traveled to Japan to find more about Usui. It is now clear that Takata's story is a myth or perhaps one can say an allegory highlighting aspects of Reiki.

Beginning with the researches of Reiki Master Frank Arjava Petter, we now know that Usui was for a time a Civil Servant in Japan, that he then ran his own business, which, whilst initially successful, then began to fail, or perhaps he lost interest. He spent some time as a Buddhist monk; all sources are agreed that he had connections to a monastery on Mt Kurama.

Then somewhere between 1916 and some sources suggest as late as 1922, he developed Reiki. It quickly drew in many people wanting to practice. There is a memorial to him in Tokyo raised through the subscriptions of 2000 of his students. This is perhaps an even more remarkable story than Mrs. Takata's.

There is still much speculation about whether Usui was the originator of the system, or whether he rediscovered it, how closely it is connected to Buddhism or one of the esoteric sects that prevail in Japan. There is no definitive answer, no historical facts. Whatever the source we may be glad that Usui has made Reiki available to all.