

Welcome to our GM 2016 in Norway - 15.-18. September 2016

Last time in 2014 when we met at the GM in Korpilampi (Helsinki), it was my very first GM. As a TNR member I was of course invited to come to Odense or Venice, which I did consider pretty much, however was not able to participate. The Helsinki GM was not to miss, because it was in Finland, my home country. Based on that experience, in the end of that GM, I was sure not to miss the next one either... and maybe the next after that... and so on.

It was a real delight to meet you fellow Reiki Master colleagues from other countries and the atmosphere and the spirit at the GM was so nice. And soon it will happen again. I can tell you, hardly can wait 'til September.

Last time we decided to have the GM one month earlier than usual, and I think it's great, because we might still get some warm nice summery weather in September. Let's put that to the wish-list and make the order for the All-mighty Creator.

On the end of January the committee met in Oslo to plan the GM. We also travelled to Sundvollen, where the next GM is about to take place. Originally Sundvolden Hotel was suggested by Helen Løddesøl, who has had some seminars there and knows the hotel and the area. As we got to visit the hotel and a little bit of surroundings, there was no doubt that this is our place for the GM. So, there we shall meet in September...

Situated near Oslo (about 10 km from Gardermoen (airport)), Sundvolden Hotel is the perfect place to experience "miniature Norway". Here you find both the fjords and the mountains and the lush and mysterious woods. The nature calls out to some outdoor activities, which we also may have some.

The hotel is spectacular and fascinating, combined with old and modern, the oldest parts from 17th century. It is well preserved with furniture of old rustic and new norwegian architecture. We will have a big spacious conference room with big windows and full of light, and the room can be parted in two if necessary

The other hotel facilities include bars and restaurant, rest areas, concert hall, a (cinema)theatre, middle-age spirited "Gildehuset", garden and patio, wellness department with gym, relaxation area and treatments, indoor swimming pool and outdoor jacuzzi. The rooms are comfortable, and the food served in the restaurants is very good. Every meal is an adventure at Sundvolden Hotel. The chef uses produce from the local area and even has his own herb garden right outside the kitchen window.

For more information of the hotel, please check sundvolden.no.

Not only the beautiful surrounding scenery of countryside, lake and hills, and plentiful facilities of the hotel, something mystical lies there too. Helen describes the place as following:

Sundvolden is situated in the center area of an energetic Star Tetrahedron, that is explained through several channellings both from 'the Z's' through Lee Harris, and 'Ra' through Helén R. Løddesøl, to be a major energy spot for holy multidimensional healing work. The main center of this area is explained to go from Utøya, the heart-shaped eyland where there was a big shootout July 22. 2011, to Veien cultural memorial park that has been a central meeting point through more than 3000 years, and the oldest traces of humans are more than 5000 years old. There is a burial ground there that is one of the largest and oldest we have found so far in Norway (The oldest grave is dated 900 BC.) In the area of this Star Tetrahedron there has been registered the most extraterrestrial contact in Norway.

So the area at and close to the hotel carries very special energy and spirit. It literally can be sensed there. Surely we need to handle some GM practicalities as usual and one of the main interest lies in launching – or pre-launching – the TRN's new website, which is under construction right as we speak. But there will be uplifting enjoyment, some outings close by and of course energywork, probably more than before.

If you want to explore more Norway and/or Oslo, we suggest that you allow yourself the time either before or after the GM. (At least I'm planning to spend more time to do that, if possible.)

The GM starts on Thursday afternoon / dinner get-together and ends on Sunday lunch, but you're most welcome to spend more time at Sundvolden. Come earlier or stay later, if you desire.

The address of the Sundvolden Hotel is Dronningveien 2, 3531 Krokkleiva (Sundvollen), Norway

Helén Løddesøl is the contact-person with the Hotel Sundvollen and takes care of the practicalities there before and during the GM. She has got us a good deal with the hotel. The accommodation package is NOK 1.390,- per night / person in single room or NOK 1.190,- per night in shared double room. The prices include breakfast, lunch and dinner. From dinner Thursday to lunch Sunday should then be NOK 4.170,- (sgl) / 3.570,- (dbl).

There are 30 rooms prebooked for a quota until 1st August under the name "The Reiki Network". Everyone book their accommodation directly to the Sundvolden Hotel by e-mail info@sundvolden.no or call +47 32 16 21 00.

Remember that you get the good price, only mentioning that you belong to the Reiki Network.

If you only come for the GM without accommodation, and would like to lunch at the restaurant, then the price (payable to the hotel) is NOK 495,-

The conference fee for the GM is NOK 500,- /person/ all 4 days (ca. €53, £41 or \$57)
Nina Parkkinen takes the registrations and deadline is the 1st August 2016, but earlier registrations are the most welcome and appreciated. While our website is under construction and the old one's mailing system is not reliable, please sign up for the GM directly to the secretary – Nina – by e-mail kirjosiiipi@gmail.com.

**When signing up please give the following data:
your name, country, e-mail, RM or RMT, hotelbookings you've made + possible roommate, possible allergies or special diet requirements.**

Heartfelt Welcome! Hjertelig Velkommen! Hjärtlig Välkommen! Herzlich Willkommen!
Sydämellisesti Tervetuloa! Cordialmente Bienvenido! Cordialement Bienvenue!